



Dr. Jeffrey L. Simpson, D.C.
Dr. Kelly R. Fisher, D.C.
2603 E College Ave Suite B · State College, PA 16801
www.SimpsonChiroCares.com
(814) 235-2266

Sensitivity Testing Questionnaire

Although your history and symptoms are very important in our analysis of your condition, it is also important to us that you understand:

- We do not treat symptoms or diseases
- We do not diagnose allergies, but rather assess for sensitivities
- We will attempt to find the underlying cause
- We do not use drugs in this program
- Our procedures are safe and painless

AGE WHEN SYMPTOMS WERE FIRST OBSERVED: _____

PREVIOUS DIAGNOSIS OF ALLERGY? Yes / No (If yes, please list all positive allergens):

PLEASE CHECK OFF ALL POSSIBLE SENSITIVITIES:

ANIMAL

- Dogs Cats Horses Rabbits Bees Birds
 Rodents None Insects Other _____

FOOD

- Corn Eggs Peanuts Tree Nuts Shellfish Tomato
 Coffee Tea Milk Wheat Pork Citrus
 Yeast Beef Soybean Fish Potato Chocolate
 Other _____

CHEMICALS

- Insecticides & Pesticides Perfumes & Cosmetics Stove/Furnace Emissions
 Paints Newsprint Household Cleaners Gasoline/Exhaust
 Fabrics Laundry Detergent Latex Other _____

INDOOR/OUTDOOR

- Mold Dust Pollen Trees Grass



Dr. Jeffrey L. Simpson, D.C.
Dr. Kelly R. Fisher, D.C.
2603 E College Ave Suite B · State College, PA 16801
www.SimpsonChiroCares.com
(814) 235-2266

PLEASE CHECK OFF ALL SYMPTOMS THAT YOU HAVE

Digestive Track

- Nausea & Vomiting
- Diarrhea
- Constipation
- Bloating
- Stomach Pains/Cramps
- Heart Burn
- Blood/Mucus in Stools

Ears

- Itchy Ears
- Ear Aches/Infections
- Drainage from Ear
- Ringing in Ears
- Hearing Loss
- Reddening of Ears

Emotions

- Mood Swings
- Anxiety/Fear/Nervousness
- Argumentative
- Frustrated/Cries Easily
- Depression

Eyes

- Watery/Itchy Eyes
- Red/Swollen/Itchy Eyelids
- Bags/Dark Circles Under Eyes
- Blurred/Tunnel Vision

Weight

- Binge eating/drinking
- Craving certain foods
- Excessive weight
- Compulsive eating
- Water retention

Head

- Headaches
- Faintness
- Dizziness
- Insomnia
- Facial Flushing

Heart

- Irregular Heartbeat
- Rapid Heartbeat

Chest Pain

Joints & Muscles

- Pains/aches in joints
- Arthritis/osteoarthritis
- Stiffness/limited movement
- Pain/aches in muscles
- Feeling weak/tired
- Psoriatic/gouty arthritis
- Growing pains in legs
- Swollen/Tender joints

Lungs

- Chest Congestion
- Asthma/bronchitis
- Shortness of Breath
- Difficulty Breathing
- Persistent Cough
- Wheezing

Skin

- Acne
- Itching
- Hives/rash/dry skin
- Hair loss
- Flushing/hot flashes

Mind

- Poor Memory
- Difficulty completing projects
- Difficulty with mathematics
- Underachiever
- Poor/short attention span
- Confusion

Easily Distracted

Difficulty making decisions

Learning disabilities

Mouth & Throat Thrush

- Chronic Coughing
- Gagging/clearing throat often
- Sore throat/hoarse voice
- Swollen/discolored tongue/lips
- Canker Sores
- Itching on roof of mouth

Nose

- Stuffy nose
- Chronically red/inflamed nose
- Sinus problems
- Hay fever
- Sneezing attacks
- Excessive mucous formation

Other

- Frequent Illness
- Frequent/urgent urination
- Genital itch/discharge

Genitourinary

- Kidney
- Urinary Tract
- Bladder

PLEASE LIST ANY CURRENT ALLERGY MEDICATIONS YOU ARE TAKING
